

Therapeutic Eating Session Overview

9:15	1.15	Arrivals
9:30	1.30	Introductions, housekeeping and ground rules
9:40	1.40	Therapeutic Eating – An Overview
9.45	1.45	What is an Allergy?
9.50	1.50	Anaphylaxis
10.00	14.00	True or False Allergy Quiz
10:15	14.15	Symptoms
10.20	14.20	Allergies in later life
10.25	14.20	What do I cause?
10.40	14.40	Food intolerances and Alternatives
11.00	15.00	Break
11.15	15.15	Customer Service
11.25	15.25	Allergens Part 1
11.30	15.30	The Menu of Forgetfulness Part 1
11.35	15.35	Case Studies and Menu Adaptations
11.40	15.40	Allergens Part 2
11.45	15.45	The Menu of Forgetfulness Part 2
11.50	15:50	Allergens Part 3
11.55	15:55	The Menu of Forgetfulness Part 3
12:00	16:00	Case Studies
12:25	16:25	The End and Final Questions